

Athletic Trip Request Form

Name of Athletic Team: Cape Nordic

Coach Making Request: Nick Kline

Date of Proposed Trip: 12/28/2011 – 12/30/2011

Purpose/Benefit of Trip: To offer students a chance to cross country ski on snow early in the season. Also allows for early team bonding.

Method of Transportation: A school bus has been reserved through Community Services.

Trip Location/Itinerary: Skiing will be at the Sugarloaf Outdoor Center (Nordic). The students will have conducted practices once or twice each day. Students will be housed in 2 condos at Sugarloaf. One is owned by Terri Ann Scriven and Frank Governali. In addition we'll be renting the condo next door. These accommodations will house all the students, coach, and parent chaperones.

Cost: \$118 per student after Cape Nordic contributes \$1500. Cost covers: The bus and driver, the bus driver lodging, 3 days of ski passes at the outdoor center, rental of the second condo, nominal fee for supplementary coaching, and incidental food cost. The students will be asked to bring their lunch the first day as well as food goods to prepare meals for the remainder of the trip (2 dinner, 2 lunches, 2 breakfast).

Possible Fundraising Activities: Cape Nordic will hold its annual silent auction on Dec 4th. A portion of the proceeds will support this holiday break camp.

Supervision: Number of Chaperones (School & Parent): 5 Adults physically staying at the condos. There will be additional parents available to help at meal time as well as Bowdoin College skiers to help with coaching at practice.

Do all athletes have equal opportunity to attend (participate)? Yes

Please explain the cost of the trip in relation to the expected benefit:
Cape Nordic has been sponsoring a camp at holiday break for many years. With the coast's unpredictable weather getting students on skis early in the season can be difficult. Going north provides a chance for skiers to gain some early confidence on skis as well as fine tune their technique. The alternative is dry land training at home.

Signed:

Coach

Athletic Administrator

ADOPTED: October 8, 2002

CAPE ELIZABETH SCHOOL DEPARTMENT